

About the Instructor



Timothy Anderson received his bachelor of music from the University of Rhode Island in 2006. He began using his skills with the elderly when he received his Certified Nurses' Assistant training in 2007 while working at the Hope Alzheimer's Center in Cranston, RI. In 2008 he worked for Cranston Adult Day Services as the Activity Coordinator and received NCCAP certification in 2009. He is a certified life and leadership coach through the institute of Professional Excellence in Coaching, and a Reiki Master/Teacher. He currently maintains the recreation department at the new Tockwotton on the Waterfront River's Edge Assisted Living in East Providence, RI. Tim is also the music composition instructor at the Community College of Rhode Island and teaches private vocal and music instruction.

What are you waiting for? Start your journey to using your creative talents to make a difference in the lives of elders.

Please make checks payable to Timothy W. Anderson and mail to:

Tripleforte Music, Wellness and Coaching
c/o Timothy Anderson, ACC, CPC, BM
55 Carlson Circle
West Warwick, RI 02893



Tripleforte Music, Wellness and Coaching

Timothy W. Anderson, ACC, CPC, BM
Senior Activity Consultant & MEPAP 2nd Edition Instructor
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www.triplefortecoach.com/activities.htm



Use your creativity
to make a difference in the
lives of elders!

Take the first step toward
certification in the field of
Senior Living Activities

Modular Education Program for Activity Professionals 2nd Edition

Upcoming Training Dates:
MEPAP 2: August 19, 2017
MEPAP 1: February 3, 2018

Classes meet on
alternating Saturdays from
8am—6pm

For more information,
contact Tim Anderson at
401-225-8149 or
tanderson@triplefortecoach.com

About the MEPAP

The Modular Education Program for Activities Professionals sets forth national standards for professional preparation in activity/recreation services. Part I contains 90 hours of classroom instruction designed to prepare students in the fundamental job requirements of an activity professional including: planning, carrying out, evaluating and documenting direct care and services to residents and clients. Part II, an additional 90 hours of classwork focuses on leadership and management development of activity professionals. Part I and II can be taken in any order.

Ninety hours of fieldwork, called a practicum is a required part of the course and must be performed concurrently with class instruction. Students may utilize a current position as their practicum or may work with the instructor to find a practicum location which will meet the needs of the class. An additional 90 hours is required for part 2.

Completion of this course is a requirement for becoming nationally certified as an activity professional through the National Certification Council of Activities Professionals (NCCAP).

NCCAP Pre-Approval Number:
NCCAP31408-17-M2

What to Expect:

Each session includes various learning methods including lecture, group work, guest speakers, class discussion and more.

MEPAP I: Topics Covered:

Activity Practice Settings
Professional Framework
The Behavioral Sciences
Care Planning Practices
Design, Development and Evaluation of Activity programs

MEPAP II: Topics Covered:

The Art and Science of Management
Leadership
Advocacy within the Organization
Five Functions of Management

Fees:

Class fee is \$585.00 for each part of the MEPAP or \$1050.00 for both classes.

- Fees include books and materials.
- Payments can be made in full or installments.
- Lunch will not be served, however light refreshments will be available throughout each session.

Registration Form

Name: _____

Home Address: _____

City, State, Zip: _____ Telephone: _____

Email: _____

Emergency Contact: _____

Do you have any allergies? (light snacks are available during the class)

Facility Name: _____

Position/Title: _____

Facility Type:

Nursing Assisted Living Adult Day

Senior Center Other: _____

I am registering for Part I of the Training to take place February – May

in full before course begins

In full in three installments. (\$195 due on February 1st, March 1st and April 1st)

I am registering for Part II of the Training to take place August – December

in full before course begins

In full in three installments. (\$195 due on August 1, September 1, and October 1st)

I am registering for both Part I and II of the Training to take place February and August

in full before course begins

In full in four installments.

(\$262.50 due on February 1st, May 1st, August 1st and November 1st)

Signature: _____ Date: _____

I understand that by signing this I commit to 90 hours of classroom instruction and 90 hours (180 hours if registering for part 1 and 2 together) of practical experience at my work place or other appropriate location as approved by the instructor.