

A Morning Prayer Example

(by Reverend Ted Platt, Spiritual Care Coordinator
at Tockwotton on the Waterfront)

Leader: O God, open my lips:

Response: **And my mouth shall declare your praise.**

Leader: Give glory to God, our light and our life.

Response:

O Come, let us worship.

Come, let us sing to God our Creator;

Let us shout for joy and come into God's presence with praise and thanksgiving.

Let us raise a loud shout with psalms.

“Praise God from whom all blessings flow.

Praise God on earth from shore to shore.

Praise God above and here below.

Let all creation God adore. Amen” ~ psalm 100

Leader: Give glory to God, our light and our life.

Response: **O Come, let us worship.**

The leader then reads a psalm from the Hebrew scripture. At the end of the psalm, all say:

**Blessed are you, O God, King of the universe: we praise you and we glorify you
delighting in song and singing our psalms of praise.**

Following the readings all sing the morning hymn:

Morning has broken, like the first morning

Blackbird has spoken, like the first bird.

Praise for the singing, praise for the morning.

Praise for creation of the new day!

The leader then offers a reading for the day. (transcriber's note: this can be from any scripture). At the end of the reading, they say:

And this ends the reading.

Response: **Thanks be to God.**

All say together the loving kindness prayer (Metta):

May all beings be peaceful;

May all beings be happy;

May all beings be safe;

May all beings awaken to the light of their true nature;

May all beings be free.

Leader: God now hears the prayers of this community as we say: God, in Your mercy:

Response: **Hear our Prayer** (all may offer specific needs during the allotted silence)

Leader:

For all people around the globe.....(silence).....God, in Your Mercy:

For those in our country.....(silence).....God, in Your Mercy:

For those in our personal lives.....(silence).....God, in Your Mercy:

For the joys in our life.....(silence).....God, in Your Mercy:

For those who are ill.....(silence).....God, in Your Mercy:

For those who have died.....(silence).....God, in Your Mercy:

For all others needs or concerns.....(silence).....God, in Your Mercy:

Following the prayers, all pray together:

Blessed are you, Oh God, King of the universe: I give you thanks and praise for bringing me to the beginning of this new day. Keep me from iniquity and sin; and may I not be overcome by sadness or despair. May my hands reach out in kindness and serve you in compassion and love. Holy One of Blessing, draw me to your words and teach me the art of sacred living, now and forever. Amen.

Leader: Every morning we are born anew.

Response: **What we do today matters most.**

Leader: Therefore, let us go forth in peace.

Response: **Thanks be to God.**