



Activity Director Certification Course

Modular Education Program for Activity Professionals™

Course Pre-Approval Number: NCCAP 121004



Next Class begins January 3, 2022

MEPAP 1 Classes meet on Mondays and Wednesdays

from 5:30-8:30 PM

remotely in our Virtual Classroom

TMWC Activity Professional Academy, LLC
Timothy Anderson, ACC/EDU, CPC, BM; 401-225-8149
office@tripplefortecoach.com



Who is this Class for?

Activity Professionals, CNAs, Social Workers, Long-Term Care Administrators, Assisted Living Engagement Specialists, Home Health Caregivers, and more...

What will the Virtual Classroom be like?

Enjoy the experience of a traditional learning experience without leaving the comfort of your home. Our classroom uses Zoom® Video Conferencing to ensure a “live-online” experience.

What will I Learn?

The MEPAP teaches you everything you need to know to confidently create and deliver an engaging activity and recreation program for older adults in long-term care, adult day programs, assisted living, senior centers, and other care communities. You will learn how to

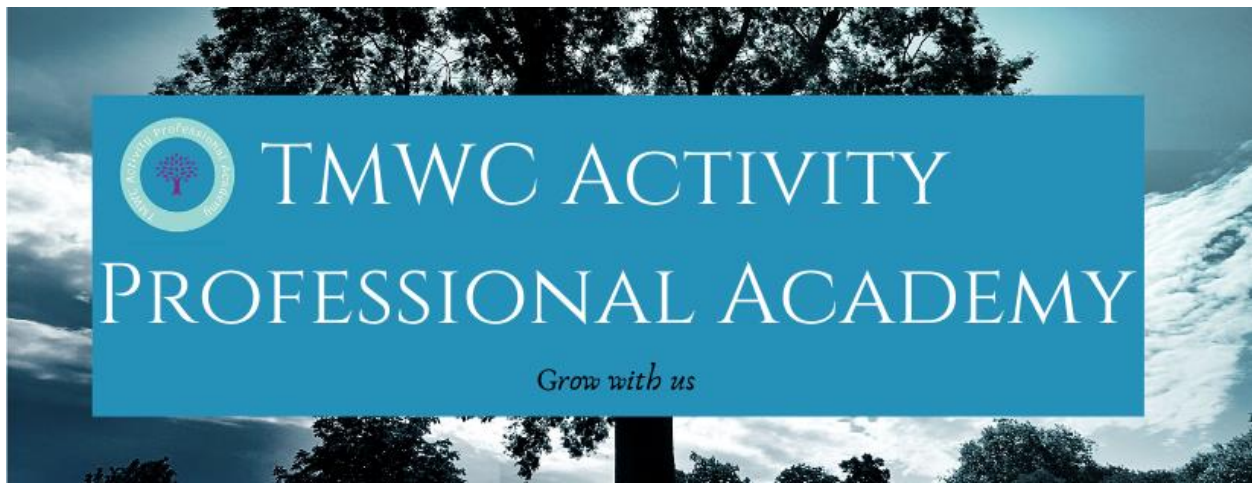
- Use the philosophy of activity service in multiple types of care communities
- Apply for National Certification through NCCAP
- Assess and Care Plan for older adults with functional/cognitive impairments
- Create person-centered group, one-to-one & individual activities for elders
- Use skills and best practices to act as a leader in your department
- Ensure the program your facility offers meets federal and state regulatory requirements

How will I participate?

This course meets Mondays and Wednesdays from 5:30 – 8:30 PM through Zoom® video conferencing software. Students will need the following to participate:

- Computer with reliable hi-speed internet connection, webcam, & microphone
- Access to Microsoft™ Word or Google Docs
- A valid Gmail address to be utilized for communication with instructors and for logging into the course Learning Management System, Google Classroom.

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When are the class dates?

MEPAP 1:

- January 3, 2022: Orientation for MEPAP 1 – 5:30 – 7:00PM
- January 5, 10, 12, 19, 24, 26, and 31
 - Topics Covered: Activity Services Practice Settings, Colloquy, Communication, Scope of the Activity Profession
- February 2, 7, 9, 14, 16, 23, 28
 - Topics Covered: Professionalism, Certification, Federal/State Regulations, Advocacy and Culture Change, Theories of Aging
- March 2, 7, 9, 14, 16, 21, 23, 28, 30
 - Topics Covered: Psychosocial Aging, Spirituality, Hospice and Palliative Care, Motivation and Behavior, Assessing the Needs of Clients
- April 4, 6, 11, 13, 18, 20
 - Topics Covered: Care Planning, Facilitating Activity Programs, Calendar Design, Documenting Client Responses, Introduction to Management (preparing for MEPAP 2), Final Exam

MEPAP 2:

- May 16 – Orientation 5:30 – 7PM
- May 18, 23, 25
 - Topics Covered: Management and Leadership Skills
- June 1, 6, 8, 13, 15, 20, 22, 27, 29
 - Topics Covered: Organizational Design and Change, Planning and Organizing
- July 6, 11, 13, 18, 20, 25, 27
 - Topics Covered: Staffing and Human Resources, Coaching Staff
- August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31
 - Topics Covered: Motivating Staff, Team Building, Quality Control



What is the cost of the course?

- MEPAP 1 Only: \$660.00
- MEPAP 2 Only: \$660.00
- Combined MEPAP 1 & 2 Package: \$1150.00

Textbooks are not included but can be purchased through Amazon.com or other source. Payment plans are available upon request. Fees include payment to NCCAP for certification.

What textbooks are required?

- Best-Martini, Elizabeth, Weeks, Mary Anne, Wirth, Priscilla. Long Term Care for Activity Professionals, Social Service Professionals and Recreational Therapists 7th Edition
- Schneider, Bruce. *Energy Leadership: Transforming Your Workplace and Your Life from the Core.*
- Cunningham, Richelle. *The Activity Professional Survival Guide.*

How do I Register

Register online at www.tripplefortecoach.com/studentreg

Or email the following to office@tripplefortecoach.com with “MEPAP Registration Information” in the subject line.

- Student Name (as you wish it listed on the certificate)
- Preferred Pronouns (he/she/them/they/etc.)
- Address (street, city, state, zip)
- Phone Number and Email Address
- Emergency Contact with phone number/contact info
- Practicum Location and Supervisor Information

Upon receipt of this information, we will send an invoice to you with a link for online payment. To pay by check, please issue the check to “**TMWC Activity Professional Academy**” and mail to **TMWC Activity Professional Academy, c/o Timothy Anderson, ACC/EDU, 55 Carlson Circle, West Warwick, RI, 02893**